Who am I?

Anne McBride
Good Food Lewisham Connector

@GFLewisham  goodfoodlewisham.org
Good Food Lewisham

Cross-sector of food partnership that operates across the London Borough of Lewisham, following the model of Sustainable Food Cities:

1. **Promoting** healthy and sustainable food to the public
2. Tackling **food poverty**, diet-related ill health and access to affordable healthy food
3. Building community **food knowledge**, skills, resources and projects
4. Promoting a vibrant and diverse **sustainable food economy**
5. Transforming catering and **food procurement**
6. **Reducing waste** and the ecological footprint of the food system
GFL CHARTER

Vision:

a diverse and lively community that connects people to healthy, sustainable and affordable food that is grown, produced and prepared locally to promote a vibrant food culture and prospering local economy
OUR PLEDGES

• Improve affordability and accessibility of good food to improve health and wellbeing and reduce food poverty in the borough
• Endorse fair wages and working conditions to create a safe and equitable food economy
• Provide opportunities to share knowledge and skills of how to grow, buy, cook and eat good food
• Foster a strong, thriving local economy by sourcing as locally as possible and supporting new food enterprises and jobs
• Bring people together to celebrate our strong and vibrant food cultures

• Embed good food ideals within organisations, businesses and families
• Promote environmental sustainability by reducing waste, packaging, water and energy use and increasing composting and recycling
• Support local and national good food campaigns
• Provide space for food growing projects to link people with their food systems
• Support practices that preserve and enhance the environment and promote high animal welfare

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GOOD FOOD LEWISHAM

• Provide opportunities to share knowledge and skills of how to grow, buy, cook and eat good food
1. **Promoting** healthy and sustainable food to the public

Brockley Market
Plenty stall – June 2019
KING’S DINER, DOWNHAM

• Healthier Catering Commitment Award

• Café owner - Christmas meal for elderly

• Increase connection with community

• Linked with other groups & Local Councillor

• Visited by Mayor to see what is happening in ward around healthier food options
LEE GREEN LIVES, LEE

• Community Centre close to an estate

• Run a variety of activities from the centre

• As a result of talks & visits by various partners and stakeholders took part in a variety of training opportunities and now foods offered include healthier options such as fruit

• Set up and ran a Fruit and Veg stall

• Qualified to set up and run cookery clubs

• Featured in "Lewisham Life" (small manageable changes)

http://www.lgl.org.uk/
HILL STATION CAFÉ, TELEGRAPH HILL

- Amazing café in the community doing much more than just providing food. For example, there is a "quiet space" evening for teens on autistic spectrum once a month.

- Despite running lots of amazing projects for the community, the café was not really coping well financially.

- Linked the café up with food business training & social enterprise training courses - new legal structure CIC & advice on accountancy reporting.

- Able to apply for funding (grants, crowd funding, donations) to update café and kitchen area.

- Introduced new projects after consulting with community e.g. Film night.
This is a lovely venue for everyone.
How are you engaging with food businesses/community organisations?

What has inspired you today?

SHARE YOUR STORY AND IDEAS!

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Thank you for joining us!