



# GFL SFC Conference Workshop

13 June 2019

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# Who am I?

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Good Food Lewisham Connector



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# Good Food Lewisham

Cross-sector of food partnership that operates across the London Borough of Lewisham, following the model of Sustainable Food Cities:

1. **Promoting** healthy and sustainable food to the public
2. Tackling **food poverty**, diet-related ill health and access to affordable healthy food
3. Building community **food knowledge**, skills, resources and projects
4. Promoting a vibrant and diverse **sustainable food economy**
5. Transforming catering and **food procurement**
6. **Reducing waste** and the ecological footprint of the food system

# GFL CHARTER

## **Vision:**

a diverse and lively community that connects people to healthy, sustainable and affordable food that is grown, produced and prepared locally to promote a vibrant food culture and prospering local economy

# OUR PLEDGES

- **Improve affordability and accessibility of good food to improve health and wellbeing and reduce food poverty in the borough**
- **Endorse fair wages and working conditions to create a safe and equitable food economy**
- **Provide opportunities to share knowledge and skills of how to grow, buy, cook and eat good food**
- **Foster a strong, thriving local economy by sourcing as locally as possible and supporting new food enterprises and jobs**
- **Bring people together to celebrate our strong and vibrant food cultures**
- **Embed good food ideals within organisations, businesses and families**
- **Promote environmental sustainability by reducing waste, packaging, water and energy use and increasing composting and recycling**
- **Support local and national good food campaigns**
- **Provide space for food growing projects to link people with their food systems**
- **Support practices that preserve and enhance the environment and promote high animal welfare**

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# GOOD FOOD LEWISHAM

- **Provide opportunities to share knowledge and skills of how to grow, buy, cook and eat good food**



# GOOD FOOD LEWISHAM

- 1. Promoting healthy and sustainable food to the public

Brockley Market

Plenty stall – June 2019





# KING'S DINER, DOWNHAM

- Healthier Catering Commitment Award
- Café owner - Christmas meal for elderly
- Increase connection with community
- Linked with other groups & Local Councillor
- Visited by Mayor to see what is happening in ward around healthier food options





# LEE GREEN LIVES, LEE

- Community Centre close to an estate
- Run a variety of activities from the centre
- As a result of talks & visits by various partners and stakeholders took part in a variety of training opportunities and now foods offered include healthier options such as fruit
- Set up and ran a Fruit and Veg stall
- Qualified to set up and run cookery clubs
- Featured in "Lewisham Life" (small manageable changes)



<http://www.lgl.org.uk/>

# HILL STATION CAFÉ, TELEGRAPH HILL

- Amazing café in the community doing much more than just providing food. For example, there is a "quiet space" evening for teens on autistic spectrum once a month
- Despite running lots of amazing projects for the community, the café was not really coping well financially.
- Linked the café up with food business training & social enterprise training courses - new legal structure CIC & advice on accountancy reporting
- Able to apply for funding (grants, crowd funding, donations) to update café and kitchen area
- Introduced new projects after consulting with community e.g. Film night



## Welcome to the Hill Station

Located on Killo Road at the top of Telegraph Hill, London SE14, The Hill Station houses a community cafe, shop and exhibition space, and has become an every-changing venue for social change and creativity. We are open Monday 7am-3pm, Tuesday-Friday 7am-5pm, Saturday & Sunday 8am-5pm.

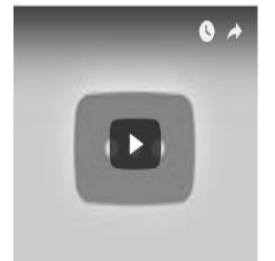
### Hill Station on Twitter

Tweets by @TheHillStation




### Our Facebook Fan Page

Hmm. We're having trouble finding that site.





This is a lovely venue for everyone

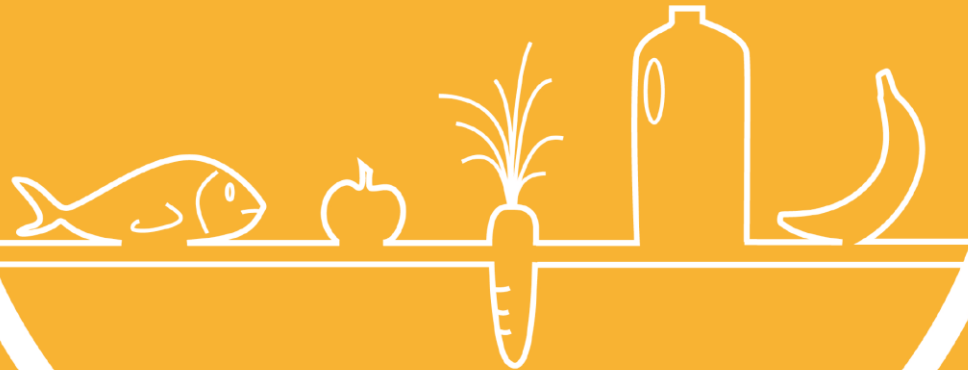


How are you  
engaging with food  
businesses/ community  
organisations?

What has inspired you  
today?

**SHARE YOUR STORY AND IDEAS!**

**GOOD  
FOOD**



**Lewisham**

**Thank you for  
joining us!**

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