www.liverpoolfoodpeople.org

Lucy Antal
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How to make friends and influence action

The Power of Cake

Network Like a Ninja
Opening of an envelope

If at first you don’t succeed...

Know thyself

You're Invited

If “Plan A” didn’t work, the alphabet has 25 more letters! Stay Cool.

You can do anything but not everything.
It’s the economy....

Local £  

Grow the relationship
Make the argument

I'm not arguing, I'm just explaining why I'm right.

Be a critical friend

CRITICS
- Find your flaws
- Want to win
- Hold you back
- Will change your mood
- Will make you swear

DARK CLOUD

SILVER LINING

CRITICAL FRIENDS
- See your strengths
- Want to help
- Move you forward
- Can change your mind
- Can make you smile

BY: @PLUGUSIN
Teaching Grandma

What’s out there?

Piggy Backing
Tell the world

Be generous
Bribery (not really...)

Motivate

Remind aka nagging

Reward
And repeat to fade

I MAY NOT BE THERE YET BUT I’M CLOSER THAN I WAS YESTERDAY

Thank you for listening!

Contact: liverpoolfoodpeople@gmail.com