

# MAKING THE MOST OF THE SUSTAINABLE FOOD CITIES NETWORK



## A quick guide to networking and finding information



This document is aimed at facilitating knowledge exchange and peer-to-peer support between members of the Network. There are various ways in which you can ask questions (to the whole Network or an individual member), find out more about what other members are working on and identify resources to support your projects.

### Contents

<b>To get in touch with members and supporters .....</b>	<b>1</b>
Email distribution lists .....	1
Members contact list .....	2
Twitter .....	2
<b>To find information .....</b>	<b>2</b>
Newsletter .....	2
Key issues webpages (thematic information research) .....	2
Members' shop windows (geographic information research) .....	4
<b>Annexe - Sustainable Food Cities Network members contact list .....</b>	<b>5</b>

## To get in touch with members and supporters

### Email distribution lists

This email [sfc@lists.riseup.net](mailto:sfc@lists.riseup.net) is used to share information and resources in real time and allows you to ask questions to the whole Network on all food-related subjects, wider partnership issues, funding or project management questions.

To subscribe email [sfc-subscribe@lists.riseup.net](mailto:sfc-subscribe@lists.riseup.net)

We strongly encourage all Network members to subscribe to it (you can of course unsubscribe at any time by emailing [sfc-unsubscribe@lists.riseup.net](mailto:sfc-unsubscribe@lists.riseup.net)). To ask your questions or to share info please simply send your email to this address [sfc@lists.riseup.net](mailto:sfc@lists.riseup.net) and it will be received by all.

If you are involved in our Sugar Smart campaign or are interested more generally in the sugar reduction agenda, you can subscribe to the Sugar Smart UK email discussion group by sending an email to [sugar\\_smart\\_uk-subscribe@lists.riseup.net](mailto:sugar_smart_uk-subscribe@lists.riseup.net). Once subscribed you can ask your questions or share info by emailing [sugar\\_smart\\_uk@lists.riseup.net](mailto:sugar_smart_uk@lists.riseup.net)

## Members contact list

The annexe at the end of this document is the list of all the places that are part of the Network with the name and email address of the main contact. We maintain this list up to date as new members join, the latest list can be found [here](#).

## Twitter

You can tweet using the following handle [@FoodCities](https://twitter.com/FoodCities)

You can follow other Network members on Twitter: <https://twitter.com/FoodCities/lists/sfc-network-members>. If you are not on this list and would like to be added, contact us [info@sustainablefoodcities.org](mailto:info@sustainablefoodcities.org)

## To find information

### Newsletter

Our monthly newsletter compiles the latest news, resources, funding opportunities, events and more collated across the Network. We really welcome contributions of any items relevant to the wider Network. Please email your items to [info@sustainablefoodcities.org](mailto:info@sustainablefoodcities.org).

Some information is only communicated via the newsletter. Subscribe: <http://sustainablefoodcities.org/joinus>. Please do make fellow food activists in your area aware of the newsletter.

### Key issues webpages (thematic information research)

The Sustainable Food Cities website has a dedicated space to help you find out who is doing what and what resources are available under the 6 key issues. These are then broken down into examples of actions you may be working on.

1. Promoting healthy and sustainable food to the public
2. Tackling food poverty, diet-related ill health and access to affordable healthy food
3. Building community food knowledge, skills, resources and projects
4. Promoting a vibrant and diverse sustainable food economy
5. Transforming catering and food procurement

## 6. Reducing waste and the ecological footprint of the food system

The city initiatives are not limited to what Network members are doing but highlight innovative work taking place across the UK. We aim to keep these resources as up to date as possible. We welcome contributions from members. If you would like to highlight a successful project or useful resource do let us know, [info@sustainablefoodcities.org](mailto:info@sustainablefoodcities.org)

**Example:** if you would like to know what other places are doing to **Promote Healthy Start, free school meals and social food provision** you would go to:

[Key issues](#) > [Tackling food poverty, diet-related ill health and access to affordable healthy food](#) > [City initiatives](#)

From there you can scroll down to find action 6. Promote Healthy Start, free school meals and social food provision and a short description of initiatives.

[Meals on Wheels Carlisle](#) is an innovative service working to get 'hearty, healthy, locally-produced food' to some of Carlisle's most vulnerable people.

[Exeter's Make Lunch](#) kitchens provide free, healthy, cooked food during the holidays for pupils who usually receive free school meals.

Food Cardiff piloted '[Food and Fun](#)', a school holiday enrichment programme providing nutritious food and fun activities for children during the holidays.

Etc...

A similar path will lead you to 'Resources' for this action:

[Key issues](#) > [Tackling food poverty, diet-related ill health and access to affordable healthy food](#) > [Resources](#)

Scroll down to find 6. Promote Healthy Start, free school meals and social food provision and a short description of the resources.

The APPG on School Food's Holiday Hunger Task Group published the [Filling The Holiday Gap Update Report 2015](#) outlining holiday provision activity in the UK and making further recommendations as to how central and devolved government could support future activities.

Brighton and Hove have produced a handy 'how to' [booklet on breakfast clubs](#), listing practical ideas based on findings from local research.

[Casserole Club](#) helps people share extra portions of home-cooked food with others in their area who are not always able to cook for themselves.

Etc...

## Members' shop windows (geographic information research)

Each member of the Network has a [shop window](#) where you can find background information on the partnership, projects they are currently working on, useful documents and contact details.

To make these pages as useful as possible we encourage you to regularly take a look at your shop window and send us updates [info@sustainablefoodcities.org](mailto:info@sustainablefoodcities.org)



## Annexe - Sustainable Food Cities Network members contact list

Place	Name	Organisation	Email
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