

Hove Luncheon Club



An extended family

- 3 course hot meal for older people twice a week
- Food donated by Fareshare
- 80 people a week
- Large volunteer team and one paid part-time coordinator (Caroline Henderson)
- So why has membership has grown from 15 to 65 in 3 years?

Being friendly and welcoming

- A 'social anchor'
- Friendship
- A place to feel valued
- Accessible
- User led



Food

- Home made soup
- Traditional meals
- Cater for all diets



Low cost plus transport

- £2 for meal and transport
- Fundraise
- Volunteers
- Free use of hall & kitchen
- Invite donations
- Raffles



Music and extras

- Once a month entertainment – stimulates memories plus dancing
- ‘life story snapshot’



Diversity

- Invite local school children & young people
- Links to Brighton High school
- Volunteers with learning disabilities





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