Maria Devereaux
Sustain
Growing Health

- Project run by Garden Organic and Sustain, funded by The Tudor Trust
- Vision - community food growing to be a natural part of the health service and routinely used to deliver health improvement
- Identify barriers & solutions
- Finding ways to make it happen
Finding ways to make it happen

• Supporting community groups to get commissioned
• Raising awareness amongst commissioners and health professionals
• Collating and sharing evidence of the benefits of community food growing on health
• Growing Health Network
Community growing groups

• Evidence
• Case studies
• On-line tool kit
• Share and learn events
  - Routes to commissioning
  - Building partnerships
  - Measuring outcomes
• Guide to tools for measuring outcomes
• Beacon projects eg Greater Manchester

www.growinghealth.info
Health Professionals / Commissioners

- Raise awareness
- Seminars – food growing groups/commissioners
- Evidence of the benefits of food growing for health
- Poster presentations
Growing Health Network communications

• Growing Health Network
• Growing Health Working Party
• Growing Health Champions
• e-newsletter
• Website – www.growinghealth.info
• Social Media
  Twitter- @growing_health
  Facebook - Growing Health
Thank you

maria@sustainweb.org

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