

Maria Devereaux Sustain









Growing Health

- Project run by Garden Organic and Sustain, funded by The Tudor Trust
- Vision community food growing to be a natural part of the health service and routinely used to deliver health improvement
- Identify barriers & solutions
- Finding ways to make it happen









Finding ways to make it happen

- Supporting community groups to get commissioned
- Raising awareness amongst commissioners and health professionals
- Collating and sharing evidence of the benefits of community food growing on health
- Growing Health Network







Community growing groups

- Evidence
- Case studies
- On-line tool kit
- Share and learn events
 - Routes to commissioning
 - Building partnerships
 - Measuring outcomes
- Guide to tools for measuring outcomes
- Beacon projects eg Greater Manchester





The benefits of gardening and food growing for health and wellbeing

By Garden Organic and Station

By Garden Organic and Station

Station School Ling Linematistics, Station Williams, Maria Development and Garden Devices





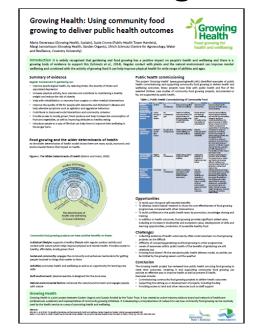


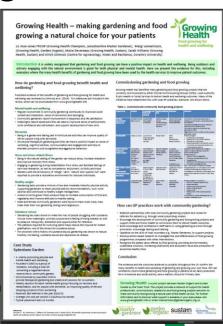
Health Professionals / Commissioners

- Raise awareness
- Seminars food growing groups/commissioners
- Evidence of the benefits of food growing for

health

Poster presentations











Growing Health Network communications

- Growing Health Network
- Growing Health Working Party
- Growing Health Champions
- e-newsletter
- Website www.growinghealth.info
- Social Media
 Twitter- @growing_health
 Facebook Growing Health







Thank you

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