Veg Cities Webinar
2 May, 14:00-15:00

14:00  Welcome, housekeeping and introduction to Sustainable Food Cities, Sofia Parente and Alizee Marceau, SFC
14:05  Peas Please and Veg Power, Katie Palmer, Food Cardiff
14:15  Veg Cities, Sofia Parente
14:30  Veg City Cardiff, Katie Palmer
14:40  Veg City Brighton & Hove, Chloe Clarke, Brighton and Hove Food Partnership
14:50  Q&A
15:00  Ends
Grants to SFC members 3 May – 4 June
Veg Cities handbook (w/c 9 May)
Veg Cities website (June)
Campaign announcement (June)
Annual Veg Summit (Autumn)
Webinars, workshops and pledgers events (2018/19)
Who can get involved?

Councils
Community groups
Education
Health and hospitals
Workplaces
Restaurants and catering
Retail and markets
Six areas of action

1 – Promote veg
2 – Improve access to veg
3 – Promote growing, cooking and eating
4 – Support local businesses
5 – Transform catering and procurement
6 – Reduce waste
1 – Promote veg

Promote veg
Good advertising
Veg competitions
Veg sessions
Veg Challenges
2 – Improve access to veg

Improve access to those in most need
More veg out of school hours
Increase veg offer
Set up a veg stand
3 – Growing, cooking and eating

Build veg knowledge
Set up cooking classes and training
Set up network of growing spaces
Increase in land area used for growing
Increase in locally grown and in traded veg
4 – Support local businesses

Map access to food
Include access to food in planning
Support food businesses and access to land
5 – Transforming catering and procurement

Include 2 portions of veg in every meal
Train caterers
6 – Reduce waste

Reduce waste with a focus on veg
Monitor food waste and educate
Get Involved
The steps to become a Veg City

Step 1 – Register your interest sofia@sustainweb.org
ww.vegcities.org live in June

Step 2 – Gather support and identify priorities

Step 3 – Make a public announcement and celebrate

Step 4 – Keep going!

Share, Share, Share! sfc-subscribe@lists.riseup.net
@VegCities @VegPowerUK @FoodCities