Putting a settings and communities-based approach at the heart of a Sustainable Food City

Stoke-on-Trent
June 2019
Aims of the session

• To set the scene for our place – what does a Sustainable Food City mean to Stoke-on-Trent
• To share some details of our journey
• To highlight some examples of a settings and community based approach
• To discuss if you have similar experiences or if any of the examples highlighted could work in your area
‘Our food, and the path that food travels from field to fork, influences our health and the quality of our lives. Food must not just be good for people and their health; it must also be good for the local economy and businesses. Creating a sustainable food city helps to build resilient communities and addresses the issue of food insecurity.’

‘Food is not just good for people and their health, but good for the local economy and local businesses too’.
Stoke-on-Trent – Sustainable Food City

Our story

https://vimeo.com/130430426
North Staffs Community Network

- Sustainability and security of food supply
- Food poverty
- Food waste
- Health and welfare
Good Food Stoke-on-Trent Partnership

Established in 2016 Good Food Stoke-on-Trent brings together representatives from a range of different sectors in Stoke-on-Trent including:

Local Authority - Public Health, Waste Management, Health Protection, Parks and Allotments, City Catering, Workplace health and Communications.

Education - City Learning Trust, Food for Life Schools Programme, Staffordshire & Keele Universities.

Economy - British Ceramic Biennial

Local community organisations - Brighter Futures, North Staffs Community Food Network, Groundwork WM
<table>
<thead>
<tr>
<th>Key Issue /Area</th>
<th>Sub groups</th>
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<tr>
<td>1. Promoting healthy and sustainable food to the public</td>
<td>1a,3a,6a</td>
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<td>2. Tackling food poverty, diet related ill health and access to affordable</td>
<td>1a,4a,6a</td>
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<td>healthy food</td>
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<td>3. Building community food knowledge, skills, resources and projects</td>
<td>1a, 4a, 5a</td>
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<td>4. Promoting a vibrant and diverse sustainable food economy</td>
<td>1a, 2a,3a</td>
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<td>5. Transforming catering and food procurement</td>
<td>3a, 4a, 5a</td>
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<td>6. Reducing waste and the ecological footprint of the food system</td>
<td>3a, 7a, 8a</td>
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Schools
Nursery’s
Hospitals
Care Homes
What has worked well

Local knowledge
Quality Training
Support
Patience
Challenges

Engagement

Leadership buy in

Personnel

Budget
Successes
Whole setting approach
Wider engagement
A ‘real’ difference
Other examples of settings approach include:

- Leisure centres
- Workplaces
For discussion.....

In pairs discuss:
• Have you tried an initiative like in your area?
• Could you try this or something similar?
• Why yes or no?

Share discussions with whole group and focus on:
• How to make it work where you are?
• How to address challenges?
Community – Food Festival

https://www.facebook.com/northstaffsfoodnetwork/videos/vb.300826610285303/423404858027477/?type=2&theater